

# GlobalFit

Feel Great. Save Big. No Sweat!

CONNER  
STRONG &  
BUCKLEW

## Fitness Centers

GlobalFit's [Gym Network 360](#) provides exclusive savings to over 8,000 gyms and specialty studios across the country. You can expect to save on initiation fees and receive 5-20% savings on monthly membership dues. Exclusive savings can be found on popular top brands nationwide. To browse locations in your area, simply log in and search by zip code.

### Enjoy additional benefits including:

- Various membership types
- Free tips, videos, and resources
- Hassle-free enrollment
- Request gyms in your area to be added to the network

## Virtual Nutrition

[CHARGE Nutrition](#) is an evidence based nutrition offering where you can meet 1-on-1 with a Registered Dietitian to establish personalized plans tailored to your nutrition needs. Most major insurers cover the cost of these sessions, resulting in a \$0 copay for you. CHARGE handles all insurance verification and scheduling to create a seamless user experience. Once scheduled, you will receive access to your custom CHARGE portal and begin meeting with your Registered Dietitian!

## Workout at Home

Not a traditional gym goer? GlobalFit has you covered! Gym Network 360 provides various options for anyone looking to exercise wherever they choose and at their convenience. You will receive exclusive savings to virtual workout programs including popular brands like LesMills, Honor Yoga Now, Burn Along, Forte and FitReserve. You have the flexibility to stream workouts when and where it fits your schedule.

GlobalFit also provides a [free online library](#) of fitness, wellness and nutrition videos from top trainers across the country!

## GlobalFit Anywhere

Available for a one-time fee of \$4.95 through Gym Network 360, [GlobalFit Anywhere](#) is the first app connecting users to in-person and virtual studios, gyms and trainers using dynamic pricing. No monthly membership required. No expensive cancellation fees.

Call **800.294.1500** or visit  
[www.globalfit.com/connerstrong](http://www.globalfit.com/connerstrong)  
to learn more about how you  
can save with GlobalFit!